HERITAGE

Length Measure from the top of the shoulder, just beside the neck and until

<u>Hips</u>

required.





Measure to and from the tips of the armpits in the front across the chest



Measure around the neck with enough space to put just one finger between the tape and the neck

Pants Length



Place the edge of the tape at the point where the pants sit on the waist and measure straight down until the bottom of the legs at the length required.

Measurement Chart

<u>Chest</u>

Measure around the chest, right below the underarms, measure just right with no allowance

<u>Shoulder</u>



Measure from one tip of the shoulder at the shoulder joint to the other.

Back





Wrap the tape around the point where you prefer to wear the pants or where the pants naturally fall. Measure so the tape fits just right and leave no allowance

Thigh



Measure around the widest point of the thigh, which is just below the crotch, notice that the tape fits just right, but not too close-fitting at the same time. (we will add the appropriate allowance on the thighs based on the client's preference of tapered or comfortable fit)



Measure around the wides part of the stomach, just around the position of the navel, measure just right but not too snug

<u>Sleeves</u>



From the tip of the shoulder, raise the tape just a touch and measure down the sleeves in a straight line until required.

Bicep



Measure around the bicep area with no allowance but not too snug

Crotch



Place the edge of the tape at the point in the front where the pants will sit at the waist, then slide the tape across the crotch to the back and place your fingers on the tape at the point where the pants will sit on the waist in the back to give you the crotch measurement. Please note that the tape should not wrap around the crotch too tight and so be sure to leave a natural allowance.

Bottom



Place the tape around the ankle and widen the circumference to as

Pounds or Kilograms Weight Feet & Inches or CM Height

Please attach 3 photographs with one facing front, one of your full back and one of your side for us to determine body posture and stance